

Cadaveric Skills Workshop

Location: Cambridge Surgical Skills Centre

08:00 – 08:45 – Tea/Coffee and Registration

08:45 – 09:00 – Centre and Tissue Safety Briefing

Session 1: Perforator-Based Volume Replacement Flaps

09:00 – 12:00

- LiCAP, LTAP, TDAP, AiCAP, MiCAP flap anatomy
- Vessel preservation principles and techniques
- Flap harvest & inset into breast cavity

12:00 – 13:00

Lunch in Skills Centre

Session 2: Therapeutic Mammoplasty

13:00 – 15:00

- Marking: Vertical Scar followed by Wise Pattern mammoplasty
- Pedicle selection and Nipple-areolar complex repositioning
- Dissection: Vertical Scar first, followed by Wise Pattern mammoplasty

15:00 – 15:30

Tea/Coffee in Skills Centre (Optional for delegates, or they can carry on with Session 3)

Session 3: Immediate Implant-Based Reconstruction

15:00 – 16:30

- Nipple Sparing and/or Skin Sparing mastectomy
 - Pre-pectoral followed by sub-pectoral pocket creation
 - ADM fixation techniques and variations; implant-ADM placement
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16:30 – 17:00 - Certificates, Closing Remarks, and Safe Travels.