

## **Cadaveric Skills Workshop**

**Location:** Cambridge Surgical Skills Centre

**08:00 – 08:45** - Coffee and Registration

**08:45 – 09:00** - Safety Briefing

## **Session 1: Perforator-Based Volume Replacement Flaps**

**09:00 – 12:00**

- LiCAP, LTAP, TDAP, AiCAP, MiCAP flap anatomy
- Vessel preservation principles
- Flap harvest & inset within partial mastectomy defects without disturbing breast boundaries

**12:00 – 13:00**

Lunch in Skills Centre

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## **Session 2: Therapeutic Mammoplasty**

**13:00 – 15:00**

- Marking: Vertical Scar followed by Wise Pattern mammoplasty
- Pedicle selection and Nipple-areolar complex repositioning
- Dissection: Vertical Scar first, followed by Wise Pattern mammoplasty

**15:00 – 15:30**

Coffee/Tea in Skills Centre (Optional for delegates, or can carry on with Session 3)

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## **Session 3: Immediate Implant-Based Reconstruction**

**15:00 – 16:30**

- Nipple Sparing and/or Skin Sparing mastectomy
  - ADM fixation
  - Pre-pectoral followed by sub-pectoral pocket creation and implant-ADM placement
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**16:30 – 17:00** - Certificates, Closing Remarks, and Safe Travels.